

AUTHORS GUIDELINES

We accept scientific papers and other written material from sport sciences in general and from the sport of canoeing in particular. *Canoehellas* is basically a scientific e-magazine about canoeing. The scientific papers and the written material from sport sciences are important in order to provide scientific information to the canoeing coaches and to assist them in the training process.

Preparation of the manuscript.

The papers have to be submitted to the Scientific Team of the magazine. Because *Canoehellas* is an e-magazine, the author(s) must send their manuscripts to the following e-mail address of the magazine : mail@canoehellas.gr . Do not forget to attach a request for confirmation that the paper has been received and read. We accept manuscripts written in English only. The manuscripts must be written in American or British English using *Tahoma* type and size 11, in *Word* format of *Windows*. Manuscripts must not exceed 30 pages (about 30.000 words). The manuscript must be double-spaced, including abstract and references.

Only the papers that receive permission from the Scientific Team of the magazine will be published.

In case, papers don't meet the standards of the *Guidelines to contributors*, will be returned to the authors for corrections. During revision of the manuscript, the Scientific Team will contact the first author or the one that is in charge of correspondence.

Title page.

The title page of the manuscript should contain the following information :

1. a concise, but informative title;
2. the author(s) names (do not include degrees); the last name is introduced by "and".
3. the affiliation of the authors (affiliated institutions and their locations);
4. the name and address of the corresponding author (must include title, degree and position of the corresponding author, telephone and fax numbers and e-mail address.

The title of the article must be short and clear, abbreviations are discouraged.

Abstracts and key words.

The abstract should be informative and self- explanatory with reference to the text of the manuscript. It should include any essential results that support the conclusions of the work. Three to six key words, not used in the title, should also be provided. Authors are advised not to use abbreviations in the abstract. The abstract should contain between 100-250 words.

Text of the paper.

Introduction.

This describes the present state of knowledge of the subject and the aim of the research.

Methods.

This section identifies methodologies, equipment and procedures with sufficient details to allow other researchers to reproduce the results; specifies well-known methods including statistical procedures; mentions and provides a brief description of the published methods which are not yet well known; describes new or modified methods at length; justifies their use and evaluates their limits. The subject sample has to be specified.

Units of measurement, symbols and abbreviations must conform to international standards. Measurements of length, height, weight and volume should be given in metric units (meter, kilogram, and liter) or their decimal multiplies.

Results.

The results should be reported as tables and graphs, possibly processed statistically and be concisely presented in the text.

Discussion and conclusions.

The authors are expected here to comment on the results and compare them with literature data. The discussion must be rigorous and correspond to experimental data. Practical implications are welcome.

Tables and illustrations.

Each table and any illustration (black and white or colored) should be numbered in the order in which they occur in the text and referred to as "Table 1" or "Figure 1" for illustrations. Its table or Illustration should be accompanied by a short title. Tables or illustrations should be put in the text by the author(s). The pictures and drawings that not originals should contain the name of the book or journal reference. The author(s) is responsible to provide the required prior consent of the first publisher for any reproduction of pictures, drawings and tables.

Reference list.

Alphabetical order of reference in the list should be followed. Footnotes at the end of the pages are discouraged. Reference list should not exceed 30-35. Bibliographical reviews can exceed twice as much the number of 30-35 references.

Electronic resources (computer software, computer and information services, on-line sites) should be referenced by the name of the author(s) followed by chronology, title of the study and the name of the site underlined.

Books.

Referenced by: surname of the author(s), first name initials, year in brackets, book title (*italics*), place of publication and publisher's name.

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The same as for books, but the journal's title should be written in *italics* and the title of the article, number of volume, number of issue and article's pages.

Chapters in Published Books of Conference Proceedings.

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